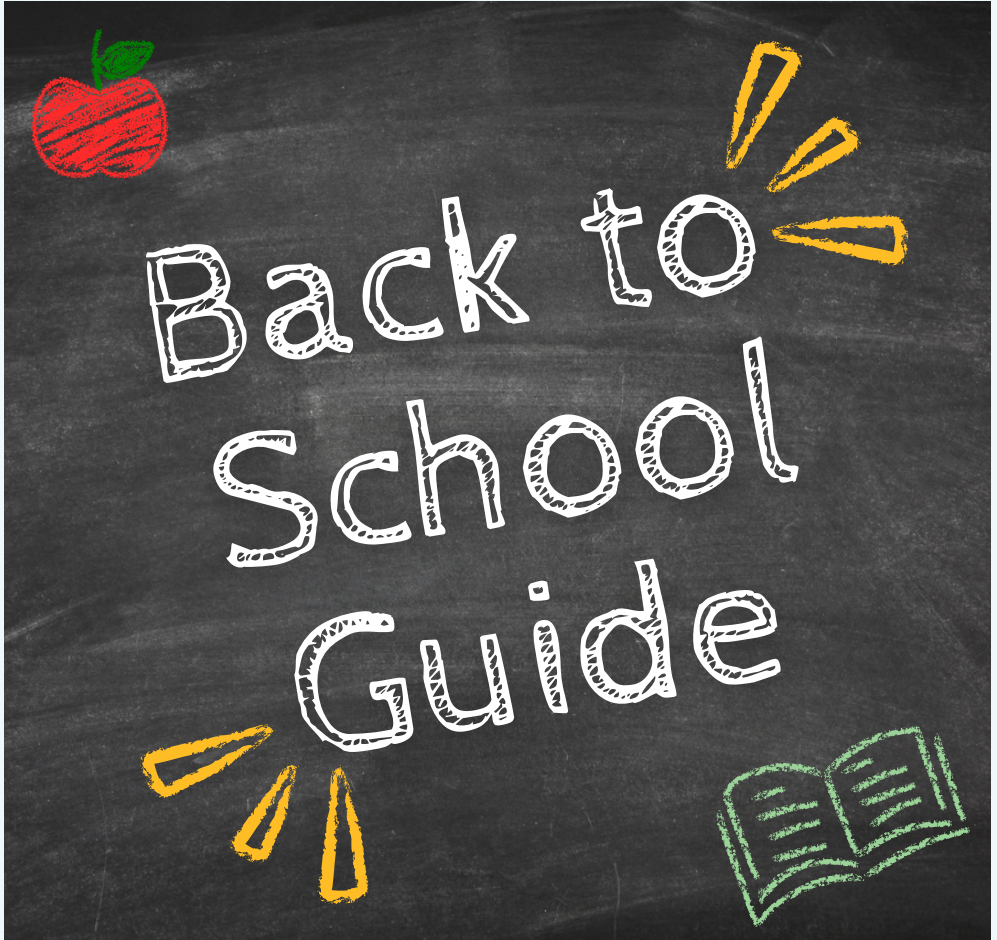




Including:

Back to School Resources and Databases

Tips for School Year Sleep Schedules

Book Recommendations

Children and Youth Programs Highlights

FIND WHAT YOU NEED FOR A GREAT SCHOOL YEAR AT HAVERFORD TOWNSHIP FREE LIBRARY!



We hope you will visit the Haverford Township Free Library as you head back to school and throughout the school year! Our library staff are here to help you find what you need to assist with projects, homework and so much more.

BOOKS AND MATERIALS

Browse our large collection of books for all ages, all year long. Use your library card to access our expansive collection of e-books, audiobooks and other digital materials with Libby and Hoopla.

PROGRAMS AND CLUBS

Educational programming is available throughout the school year for all ages, with books clubs, game tournaments and other special interest clubs. Our Makerspace also offers programming for hands-on experiences in science, technology and handcrafts. Check our website haverfordlibrary.org or the Youth Services desk for monthly calendars and registration information.



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ONLINE RESOURCES

Parents and children can access online libraries and resources from home or from one of our public access computer during Library hours. [Power Kids](#) and [Power Teens](#) through Pennsylvania Power Library allows students to browse BookFLIX, Encyclopedia Britannica and more.



NON-BOOK RESOURCES

The Library also contains collections of non-book materials available for check-out such as e-readers pre-loaded with popular children and teen books, GrandKits containing toys centered around a theme or learning goal, and Yoto Players or Kindle Fires for audiobooks and games.

WELCOMING SPACES

The recently renovated Library has plenty of seating and tables for play and study. The Hub is reserved for quiet study from 2:30 pm - 4:30 pm each weekday for middle and high schoolers. The Teen Room is a safe and welcoming space for all teens to gather after school to relax and hangout.

HOMEWORK HELP

[Brainfuse HelpNow](#) is available for students and parents with live tutors, a writing lab and study tools to help students through homework questions.

Visit haverfordlibrary.org to access resources, browse our catalog or learn more and register for upcoming events.

DATABASES AND RESOURCES

Your Library card provides access to numerous databases and learning sites to help build the necessary skill sets for research, writing, coding and more! You can find links to the following websites on the Haverford Township Free Library website (haverfordlibrary.org) under “Digital Collections” or from the Delaware County Library System site (delcolibraries.org) under “Research and Learn.”

- ✧ **Brainfuse Help Now**: Test prep, eLearning, homework help, and one-on-one live tutoring
- ✧ **Chemistry Coach**: General Chemistry & Organic Chemistry study guides, exercises, and practice tests.
- ✧ **Codecademy**: Learn to code with Codecademy for free.
- ✧ **Driving Tests**: Pennsylvania driver's manual and practice tests.
- ✧ **Power Kids**: Explore POWER Kids! BookFLIX, Encyclopedia Britannica, and more!
- ✧ **Power Teens**: Explore online resources in POWER Teens! Research starts here!
- ✧ **Reading Olympics**: Are you participating in the DCIU's Reading Olympics Competition through your school? We have the books you need!
- ✧ **YALSA Teen Book Finder**: A bookfinder app and top ten list from the Young Adult Library Services Association, for teens, parents, librarians & library staff, educators, and anyone who loves YA literature.

Back-to-School Guide

SETTING UP STUDENTS FOR SUCCESS WITH HEALTHY SLEEP HABITS

As a new school year begins, it is important for students to shift to a healthy school year sleep schedule. Sleep affects our moods, behaviors, cognitive abilities and overall health. Children need more sleep than adults depending on their age, with preschoolers requiring about 10 hours of sleep and school-age children and adolescents a little less. With the arrival of new routines, early mornings and new schedules, it is the perfect time to setup your household for healthy sleep habits.

It is recommended that grown-ups make sleep a priority for the family by creating a bedroom environment that is cool, dark and boring. Routines are helpful for children and teenagers to begin winding down with quiet activities and putting away electronics. Caffeine should be avoided in iced teas, sodas and chocolates. Also, once established, sleep schedules shouldn't change drastically on weekend or non-school days. As always, if you have concerns about your child's sleep, please contact your pediatrician.

Source: Children's Hospital of Philadelphia
<https://www.chop.edu/news/back-to-school-bedtime-routine-sleep-schedules>

BACK TO SCHOOL READING RECOMMENDATIONS

Picture Books



- *School's First Day of School*

Adam Rex, illustrator Christian Robinson

- *The Day You Begin*

Jacqueline Woodson, illustrator Rafael Lopez

- *The King of Kindergarten*

Derrick Barnes, illustrator Vanessa Brantley-Newton

- *This is a School*

John Schu, illustrator Veronica Miller Jamison

Chapter Books/Early Elementary School

- *Chronicles of a Lizard Nobody*

Patrick Ness, illustrated by Tim Miller

- *Ways to Make Sunshine*

Renee Watson

- *Surely Surely Marisol Rainey*

Erin Entrada Kelly

- *Stuart Goes to School*

Sara Pennypacker, illustrated by Martin Matje



Late Elementary/Middle School Books

- *Ghost*

Jason Reynolds

- *Moon Without Stars*

Chanel Miller

- *The Troubled Girls of Dragomir Academy*

Anne Ursu

- *A First Time for Everything*

Dan Santat



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RECURRING PROGRAMS AND CLUBS

- ✧ **Lego Club - Mondays at 4:00 pm**
For Builders ages 5 - 10 looking to build confidence, social skills and practice basic engineering.
- ✧ **Tween D&D - Tuesdays at 4:00 pm**
Players create characters and go on epic quests led by a game master. Ages 10-12 only.
- ✧ **Pokémon Club - 1st and 3rd Tuesday of month at 6:30 pm**
Bring your cards to trade, show off your favorite Pokémon, and meet other fans for games, activities, and Trainer talk. Ages 9 - 12.
- ✧ **Tween Book Club - 4th Tuesday of month at 7:00 pm**
Discover, read, and discuss new books in a fun, welcoming, and encouraging environment! For ages 10-13.
- ✧ **Teen Craft Station|VRcade - Wednesdays at 4:00 pm** Drop in and get creative at our weekly TeenCraft Station! All materials and tools are provided. While you're there join us for VRcade where you can experience the world of virtual reality! For tweens/ teens ages 12+.
- ✧ **Teen Drum Circle - 2nd Tuesday of month at 6:30 pm**
This relaxed, welcoming program invites teens to explore rhythm and self-expression through hands-on drumming—no experience needed.
- ✧ **Educational Minecraft (ages 6+) - Wednesdays at 4:00 pm**
Join us in the MakerSpace for lessons where children will have to solve problems, achieve goals, and create outcomes using Minecraft.

For more information about recurring programs and MakerSpace programs for children, tweens and teens please visit haverfordlibrary.org/event-calendar/.



Join us for Back-to-School Informational Sessions hosted here at the Library to discuss programs, resources and spaces available for children and tweens/teens:

Tuesday, September 8 at 7:00 pm
in the Teen Library
for Parents of Tweens/Teens (6th grade and up)

Wednesday, September 16 at 6:30 pm
at the Camoratto Reading Steps
for Parents of Elementary School Children



1601 Darby Road
Havertown, PA 19083

Stay Connected:



haverfordlibrary.org



610-446-3082



library@haverfordlibrary.org



[@haverfordtwfreelibrary](https://www.instagram.com/haverfordtwfreelibrary)



[Haverford Township Free Library](https://www.facebook.com/HaverfordTownshipFreeLibrary)